



## Scoil N An Croí Ró Naofa

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**Killinarden  
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**8<sup>th</sup> February 2021**

Dear Parent(s)/Guardian(s),

It is now a month since we reverted back to remote learning! This is obviously so disappointing for us all and not what we were hoping for at the start of the new year. However, we are hopeful that with the continued roll out of the vaccine we will soon return to more normal day to day living.

Special schools are reopening in some capacity this week. Special classes in mainstream schools are scheduled to reopen on the 22<sup>nd</sup> February. We hope that a wider reopening will be delivered by DES in the coming period and we'll be able to open our doors as soon as possible. We'll let you know as soon as we have confirmed details and dates.

We are aware of the difficulties faced by our families during this pandemic and we know that on-line education is a challenge. Thank you everyone for all your work and endeavours so far. We wanted to remind you that we have no expectation that during this time you become your child's substitute teacher. We also do not expect you to be doing hours of tutoring with your child every day. We encourage you to continue be realistic about your child's needs and your own needs.

When trying to think about how we can support ourselves, our families, our communities and our country in the coming weeks, it can be helpful to remind ourselves of these three key messages:

- Stay Responsible & Informed
- Stay Active & Connected
- Stay Positive & Calm

We realise it is difficult for everyone to keep up the effort and stay motivated with remote learning. We have a full week of school this week and then it's midterm break next week, where we'll have a much-needed rest! On the following page, we have created links to a range of resources which you may find helpful at this time. Dublin West Education Centre are also hosting a free Class Dojo webinar for Parents tomorrow evening: <https://www.dwec-courses.com/online-courses/958-21spr20-using-class-dojowebinar-for-parents>.

Please feel free to contact us on 0862287167 (Áine – HSCL teacher) or direct message me on Class Dojo, if you have any concerns or we can help you in any way at this time.

Stay Safe.

Kind regards,

G.Diver - Principal

The Department of Education National Educational Psychology Service (NEPS) have many resources that you may find useful while the school is closed. These resources can be found on the Department website [here](#)



## Plan for a Day

A [plan for the day](#) template is available [here](#) to help you and your child put a structure on the day. It suggests trying to have a schedule, creating time for fun activities, time for learning, break times and time for physical activity.



## Advice for Young People

NEPS has published *Advice for Young People while Schools are Closed* which is available [here](#)



## Relaxation Techniques Podcast

[This link](#) will take you to a podcast from NEPS to help parents and pupils practise relaxation techniques.





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## Advice for Parents

NEPS has also published *A Guide for Parents on Supporting Children and Young People with Daily Routines while Schools are Closed* which is available [here](#)



Behaviour practitioners new to the NCSE have produced a set of booklets for parents/guardians, there are 7 in total, including one for managing behaviours of concern at home.

<https://ncse.ie/parent-primary-promoting-learning-and-behaviour-at-home>

